2009 The Man Run 5K Course

The course will start in the East Circle of The University of Tennessee Medical Center. It will travel down the entry out towards Cherokee Trail. The course will then turn onto Cherokee Trail and travel ~ 3/10 of a mile along Cherokee trail. The course will then turn back onto the Medical Center's grounds. It will proceed up the road between the employee parking areas and turn onto the service road by LifeStar Helicopter pad. up through the agricultural/farm land attached to the medical center. It will then proceed under the service road (Alcoa Highway) and continue where on the service road parallel to Alcoa Highway. It will then continue back under Alcoa Highway and turn back (left) up by the farm land adjacent to the medical center. The course will then run parallel to the river and back on the inbound route. It will turn back onto Cherokee Trail and travel 3/10th of a mile back toward the medical center. The course will then turn right back into the medical center's campus and proceed down the onramp towards the parking garage and finish on the parking complex road.